

DEC.	M	T	W	T	F	S
6am		6:15 Cycle Strength Kayla	6:15 Cardio Etc. Lindsay	6:15 Cycle Strength Lindsay		
7am						
8am		8:30 Fit From Within Shana	8:30 Cycle Strength Maury	8:30 Fit From Within Shana		8:30 Saturday Special Rotation
9am	9:00 Pilates Fusion Torie	9:30 Cycle Shana		9:30 Cycle Sandy	9:00 Circuit Core Angie	
10am			10:00 Club Yoga Sandy			
11am						
12pm	12:00 Cycle Strength Maury		12:00 Cycle Strength Angie			
1pm						
2pm						
3pm						
4pm		4:30 Cycle Abs Kayla				
5pm		5:30 Fit From Within Shana	5:30 3-2-1 Kayla	5:30 Zumba Angie		
6pm						

Please make your reservation or cancellation for club classes by 8pm the evening before a morning class, or at least 2 hours prior to an evening class.

To sign up call 406.587.8866 or visit schedulicity.com.



Club classes are included with all memberships and require advanced sign up. Class reservations can be made up to 2 weeks in advance of the class. Please visit schedulicity.com or stop by the front desk for class descriptions.