



THE
CLUB
IN
BOZEMAN

March 2010



To sign up call • 406-587-8866 • or sign up online at • www.theclubinbozeman.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:15-7:15 Cycle/Strength (Kayla)		6:15-7:15 Cycle/Strength (Kayla)		
8:30-9:00 Pilates Express (Jan)	8:30-9:15 Fit from Within (Shana)	8:45-9:30 Cycle (Maury)	8:30-9:15 Fit from Within (Shana)	8:45-10:00 Boot Camp (Cody) 💰	8:30-9:30 Cycle (rotation)
9:00-10:00 Zumba (Angie)	8:45-10:00 Boot Camp (Cody) 💰	9:00-10:00 Pilates Mat (Jan)		9:00-10:00 Strength Circuit/Core (Angie)	
	9:30-10:15 Cycle (Sandy)	9:30-10:30 Yoga (Sandy)	9:30-10:15 Cycle (Shana)		9:45-10:45 Zumba (Mar 27) (Angie)
12:00-1:00 Cycle Strength (Maury)		12:00-1:00 Cycle Strength (Angie)		12:00-1:00 Nordic Nooners (Seth) 💰	
		12:00-1:00 Nordic Nooners (Sandy) 💰			
4:15-5:15 Prenatal Yoga (Jen) 💰	4:30-5:30 Cycle/Strength (Cody)		4:30-5:30 Cycle/Bosu (Cody)		
5:30-7:00 Yoga to the Rescue (Jen)	5:30-6:45 Functional Fit (Shana)	6:00-7:00 Cycle/Strength (Cody)	5:30-6:30 Zumba (Angie/Kayla)		

💰 Club Programs require pre-registration. Please inquire for more info and to sign up.

▶ Please make your reservation or cancellation for Club Classes by 8 pm the evening before a morning class or at least 2 hrs prior to an evening class.